Dua to Open Fast

Arabic, transliteration, English meaning and authenticity notes
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This PDF collects the duas discussed in the live **Dua to Open Fast** guide. The primary supplication below is the established Iftar dua reported in Sunan Abi Dawud 2357.

1. Authentic Dua When Opening the Fast

Arabic

ذَهَبَ الظَّمَأُ وَابْتَلَّتِ الْعُرُوقُ وَثَبَتَ الْأَجْرُ إِنْ شَاءَ اللَّهُ

Transliteration

Dhahaba al-zama'u wabtallatil-'urooqu wa thabatal-ajru in sha' Allah.

English Meaning

"The thirst has gone, the veins are moistened, and the reward is assured, if Allah wills."

Evidence: Reported from Abdullah ibn Umar (RA) in **Sunan Abi Dawud 2357**. The live article notes that Al-Albani graded the report Hasan (good).

2. Commonly Recited Iftar Wording

Arabic

اللَّهُمَّ لَكَ صُمْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ

Transliteration

Allahumma laka sumtu wa 'ala rizqika aftartu.

English Meaning

"O Allah, for You I have fasted, and with Your provision I have broken my fast."

Authenticity note: The live blog mentions this wording from **Sunan Abi Dawud 2358**, but describes the report as **mursal (disconnected)** and graded weak by Al-Albani. It should not be presented at the same level of authenticity as the first dua.

When to recite: The established dua is associated with breaking the fast. Iftar should not be unnecessarily delayed once sunset has occurred. Personal duas may also be made, but unsupported wording should not be labelled as a fixed prophetic dua.

Read the full guide: **Dua to Open Fast**
Islamic knowledge and practical guidance: **Hajj Umrah Planner**